



# **Resources by State & Territory**

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Alabama Maine **Oregon** Alaska Maryland **Pennsylvania** Massachusetts **Rhode Island** Arizona <u>Arkansas</u> **Michigan** San Juan California **Minnesota** Municipio, Colorado Puerto Rico Mississippi Connecticut South Carolina Missouri Delaware South Dakota Montana Florida Nebraska **Tennessee** Georgia Nevada **Texas** Hawaii **New Hampshire** Utah Idaho **New Jersey** Vermont Illinois **New Mexico** Virgina Washington <u>Indiana</u> **New York North Carolina** <u>lowa</u> Washington, D.C. North Dakota West Virginia Kansas Ohio Kentucky Wisconsin Oklahoma Louisiana **Wyoming** 

>> Find nationwide resources at <a href="mailto:shell.sdsu.edu/resources">shell.sdsu.edu/resources</a> <<



For emergencies, call <u>911</u>
Or head to your nearest emergency room or hospital

For mental health emergencies, call 988





## Alabama

#### Crisis Center

Birmingham, AL

Crisis & Suicide Line: (205) 458-3371 Rape Response: (205) 458-8993 https://www.crisiscenterbham.org/

Services: The crisis line can assist with basic needs, relationships, family issues, substance abuse, health issues, depression, divorce, or suicidal thoughts. The Center also provides sexual violence crisis reponse, resources for substance use recovery, and support groups.

## Magic City Acceptance Center

Birmingham, AL 205-407-8157

https://www.magiccityacceptancecenter.org/

Services: This center provides comprehensive support, including mental health resources, for the LGBTQ+ community, including transgender individuals. They offer services like counseling and support groups.

#### **AIDS Alabama**

Birmingham, AL 205-324-9822

https://www.aidsalabama.org/hivtesting

Services: Provides free HIV, STI, and Hepatitis C testing, as well as related sexual and mental health services.

#### Alaska

#### Identity, Inc.

Anchorage, AK 907-865-3247

https://identityalaska.org

Services: Offers a variety of services, including mental health counseling, support groups, and a resource directory for LGBTQ+ individuals in Alaska. They also run Identity Health Clinic, which provides affirming healthcare, including hormone replacement therapy and mental health services.

## **Alaskan AIDS Assistance Association**

Anchorage, AK 907-744-7366

https://www.alaskanaids.org/prevention/hiv-testing

Services: Offers free and confidential HIV testing.

## **Arkansas**

#### Arkansas Crisis Center

Statewide

Helpline: 988, 479-365-2140

https://www.arcrisis.org/domestic-violence

Services: Providing support for domestic violence, sexual assault, substance abuse, self harm, and more.





#### AR Care

Statewide 888-845-8884

https://www.arcare.net/get-tested/

Services: Provides free HIV testing at one of their 12 offices across the state or at home.

## **Arizona**

#### Chrysalis

Phoenix, AZ

Hotline: 602-944-4999 <a href="https://noabuse.org/">https://noabuse.org/</a>

Services: Offers services for survivors of domestic violence, including emergency shelter, counseling,

advocacy, and a 24/7 hotline.

## Southern Arizona Aids Foundation's Anti-Violence Project

Tucson, AZ

(800) 553-9387 from Monday through Friday between 8AM-7PM

https://saaf.org/services/anti-violence-project/

Services: Offers support around relationship violence in LGBTQ relationships.

## Trans Spectrum of Arizona

Phoenix, AZ

https://tsaz.org/

Services: This organization offers a resource guide for transgender individuals, including mental health

support. They also provide various community programs and support groups.

## HIV AZ

Statewide 602-882-8675 https://hivaz.org/

Services: Provides an easy way to search for HIV testing and related service providers across Arizona.

## California

## The Los Angeles LGBT Center's STOP Violence Program

Los Angeles, CA 323-860-5806

https://lalgbtcenter.org/

Services: Provides a wide range of trauma-informed, LGBTQ+ specific services for individuals and families who are impacted by domestic violence/intimate partner abuse and other forms of abuse, violence, and crimes. They cover advocacy, crisis intervention, emergency assistance, case management, individual and group counseling. The Center also provides HIV testing – call 323-993-7500 to schedule an appointment.





#### Trans Wellness Center (TWC)

Los Angeles, CA 323-993-2900

#### https://mytranswellness.org/mental-health/

Services: Offers comprehensive mental health services for trans people, including therapy, support groups, and peer counseling. This center is dedicated to creating a safe and supportive environment for all individuals.

#### The San Diego LGBT Community Center

San Diego, CA 619-692-2077

## https://thecentersd.org/behavioral-health-services/

Services: The Center offers an all gender support group for LGBTQIA+ survivors of relationship violence. For more information, email <a href="mailto:ltuiletufuga@thecentersd.org">ltuiletufuga@thecentersd.org</a>. They also offer free and confidential HIV testing. Make an appointment by calling 619-487-9980 or emailing bethegeneration@thecentersd.org.

#### Family Health Centers of San Diego

San Diego, CA 619-906-4660

#### https://www.fhcsd.org/hiv-and-hepatitis-services/

Services: Provides HIV, hepatitis, and STI testing, as well as risk counseling, treatment and case management. They also provide mental, reproductive, and transgender health services.

#### Trans Family Support Services

San Diego, CA

https://transfamilysos.org/

Services: Provides insurance assistance, support groups, mentorship, gender affirming gear, education, advocacy, and more for transgender people and their families. For support, email info@transfamilysos.org.

## **Center for Community Solutions**

San Diego, CA

Hotline: 888-385-4657 https://www.ccssd.org/

Services: Center for Community Solutions offers services for survivors/victims of intimate partner violence, including advocacy, counseling, and legal services as well as emergency shelter. Call the 24/7 hotline to get connected with services.

#### San Ysidro Health

San Diego, CA 619-662-4122

https://www.syhealth.org/hiv-services/hiv-testing

Services: Provides HIV and STI testing, among other health services in South Bay and Southeast San Diego.

#### Valley Crisis Center

Merced, CA 209-722-4357

https://valleycrisiscenter.org/

Services: Valley Crisis Center provides a confidential 24/7 confidential crisis hotline. Advocates can provide crisis counseling, information and referrals through this line.





#### **CUAV - Community United Against Violence**

San Francisco, CA 415-777-5500

https://www.cuav.org/about

Services: CUAV supports the healing and leadership of those impacted by abuse and mobilizes the broader communities to replace cycles of trauma with cycles of safety and liberation.

#### San Francisco Community Health Center

San Francisco, CA 415-292-3400

https://www.sfcommunityhealth.org/archive/hiv-amp-std-testing

Services: Provides HIV and STD testing, among other LGBTQIA+ health services.

## Asian Women's Shelter - Queer Asian Women & Transgender Support Program

San Francisco County, CA Hotline: 877-751-0880

https://www.sfaws.org/programs

Services: Within the Queer Asian Women & Transgender Support (QAWTS) Program, the Asian Women's Shelter addresses intimate partner violence in the API LBTQ community by providing comprehensive services for queer and transgender survivors of violence.

#### The LGBTQ Center Long Beach

Long Beach,CA 562-434-4455

https://www.centerlb.org/services/intimate-partner-violence/

Services: Provides LGBTQ-specific, inclusive, and affirming support to individuals affected by domestic violence. Our team can conduct an intake with community members and we can work with you to determine the best fit for resources.

#### Colorado

#### SafeHouse Denver

Denver, CO 303-318-9989

https://safehouse-denver.org/about/overview.html

Services: SafeHouse Denver intervenes in domestic violence with services that empower adults, children and youth to live free from domestic abuse. They prevent domestic violence through education efforts that foster and support a broad movement for violence-free communities.

#### Denver Health's LGBTQ+ Health Services

Denver, CO 303-436-4949

https://www.denverhealth.org/services/lgbtq-services/behavioral-health

Services: Offers specialized care for trans individuals, including mental health services that are affirming and tailored to the needs of the community.





#### **TESSA**

Colorado Springs, CO 719-633-3819

https://www.tessacs.org/get-help/

Services: TESSA's exceptional staff can help you, and your children, in a number of ways including: Safe Shelter, case management, counseling connections to community resources.

#### Hey Denver!

Denver, CO 303-962-2880

https://www.heydenver.org/

Services: Provides free and confidential HIV and STI testing that is queer-centered. Their website also includes information on sexual health and at-home testing options.

## **Connecticut**

#### The Network

Enfield, CT 860-763-4542

https://thenetworkct.org/lgbtqia/

Services: The Network provides a 24/7 hotline with advocates ready to take your call. Advocates can offer resources and information or simply listen if you want to talk. All calls are confidential. Serving the towns of East Windsor, Enfield, Somers, Stafford, Suffield and Windsor Locks.

#### Connecticut State Department of Public Health

Statewide

https://portal.ct.gov/DPH/AIDS--Chronic-Diseases/Prevention/HIV-Counseling-and-Testing-Sites

Services: Provides information on where to find HIV testing sites across Connecticut, including a partner notification program.

## United Services, Inc.

Dayville, CT

Hotline: 888-774-2900

https://www.unitedservicesct.org/

Services: United Services provides the only domestic violence shelters and services in Northeastern Connecticut. Our Domestic Violence Program offers a wide array of services designed to respond to the needs of domestic violence victims.

#### **Delaware**

## **Domestic Abuse Project**

Delaware County 610-565-4590

https://dapdc.org/

Services: Offers crisis intervention, safety planning, referrals, and information on accessing DAP services. The number listed above is a 24/7 hotline.





#### **AIDS Delaware**

Wilmington, DE 302-652-6776

https://aidsdelaware.org/get-tested/

Service: Provides HIV testing and other HIV related services.

#### **CAMP Rehoboth**

Rehoboth, DE 302-227-5620,

https://www.camprehoboth.org/camp-programs/health-and-wellness/

Service: This LGBTQ+ community center offers various services, including health and wellness programs, that can be supportive for transgender individuals seeking mental health resources.

#### **Delaware HOPE Line**

833-946-7333

Services: Free 24/7 coaching and support as well as connection to mental health, addiction, and crisis services.

#### **Florida**

## Quigley

Green Cove, Fl 904-284-0061

https://www.quigleyhouse.org

Services: Temporary emergency shelter. They provide a safe environment for men, women and children of any age, race, socio-economic background, religion, culture and any other barrier that might make starting over difficult. They state no one should have to suffer at the hands of an abuser and any person can be abused.

#### Care Resources

Miami, FL 305-576-1234

https://careresource.org/services/behavioral-health/

Services: Care Resources offers services for people who are gay, lesbian, bisexual, or transgender. They have therapists who are well trained and highly experienced in the issues that are unique to our communities.

#### Florida Department of Health

Statewide

https://flhiv.doh.state.fl.us/ClinicSearch/ClinicSearch.aspx

Services: Provides an interactive map of HIV counseling, testing, and referral sites across Florida.

## Georgia

#### First City Pride Center

Statewide

https://static1.squarespace.com/

Services: A curated list of LGBTQ+ friendly behavioral health providers in Georgia.





#### **PADV**

Atlanta, GA 404-873-1766 https://padv.org/

Services: Provides a 24-hour Crisis Line, emergency shelters, legal advocacy, and community support groups.

#### **AID Atlanta**

Atlanta, GA 800-551-2728

https://www.aidatlanta.org/testing/

Services: Provides free HIV & STI testing, as well as other HIV-related services.

#### Hawaii

#### **Domestic Violence Action Center**

Honolulu, HI 800-609-6200

https://domesticviolenceactioncenter.org/crisis-support/

Services: The Domestic Violence Action Center (DVAC) provides immediate service and support to individuals who are in crisis as a result of intimate partner violence. Crisis support services are free of charge and their Helpline operates Monday through Friday from 8:30 am until 4:30pm.

## Hawaii CARES (Crisis Line of Hawaii)

Statewide

1-800-753-6879

https://hicares.hawaii.gov

Services: Offers crisis intervention, mental health and substance use support, and referral services 24/7. You can also text "ALOHA" to 741741.

#### Kumukahi Health & Wellness

Hilo, HI & Kailua-Kona, HI 808-982-8800

https://www.kumukahihealth.org/testing

Services: Offers HIV & STI testing, among other HIV related health services

## Idaho

## Idaho Department of Health and Welfare - Behavioral Health Services

Statewide

1-800-926-2588

https://healthandwelfare.idaho.gov/services-programs/behavioral-health

Services: Offers mental health services for individuals and families, including crisis intervention, therapy, and case management. They also provide links to community resources and support groups.

#### A.L.P.H.A.

Boise, ID 208-424-7799

https://alphaidaho.org/services/testing/

Services: Provides HIV & STI testing, as well as a food pantry and harm reduction services.





## Illinois

## Illinois Department of Human Services

Statewide 1-800-843-6154

https://www.dhs.state.il.us/page.aspx?item=43695

Services: Offers mental health resources in Illinois. Includes a list of non-emergency mental health providers.

## The Center on Halstead's Anti-Violence Project

Chicago, Illinois 773-472-6469

https://www.centeronhalsted.org/AVP.html

Services: Offers trauma-focused therapy, case management, and advocacy for LGBTQ relationship violence.

#### HUB

Chicago, Illinois 844-482-4040

https://hivhub.org/

Services: Provides information about where to find HIV & STI testing in Chicago, as well as how to connect with other sexual health services.

#### Indiana

#### **Damien Center**

Indianapolis, IN 317-632-0123

https://damien.org/clinic/counseling https://damien.org/prevention/testing

Services: Offers comprehensive gender-affirming care, including mental health services, hormone replacement therapy, and support groups tailored for transgender and gender-diverse individuals. They also provide free and confidential HIV & STI testing.

## Iowa

## **Iowa Coalition Against Domestic Violence**

Des Moines, Iowa 800-770-1650

https://hhs.iowa.gov/programs/mental-health

Services: Victim service call center offering 24/7 support for those experiencing domestic violence.

#### One Iowa

Des Moines, Iowa 515-288-4019

https://oneiowa.org/providers/mental-health/

Services: Offers a list of LGBTQ affirming mental health providers in Iowa.





#### Stop HIV Iowa

Statewide

https://stophiviowa.org/locations

Services: Provides information on how to get tested for HIV, including a services locator for across Iowa.

#### **Kansas**

#### The Kansas Crisis Helpline

Statewide 888-363-2287

https://safehope.net/resources/

Services: A toll-free, 24-hour statewide hotline that links victims of domestic violence and sexual assault to crisis programs across Kansas.

#### Kansas Department of Health and Environment

Statewide

785-296-1086

https://www.kdhe.ks.gov/452/STI-HIV-Testing-Sites

Services: Provides an interactive map on where to find HIV testing in Kansas.

## Wichita LGBT Health Coalition

Wichita, KS

https://wichitalgbthealth.org/

Services: Provides a network of advocates and healthcare professionals looking to enhance all areas of lesbian, gay, bisexual and transgender health in Sedgwick County.

## Kentucky

## The Lexington Pride Center

Lexington, KY 859-253-3233

https://www.lexpridecenter.org/community-resource-list

Services: A community generated resources list of affirming service providers in Central Kentucky.

## The Center for Women & Families

Louisville, KY 1-844-237-2331

https://www.thecenteronline.org/get-help/lgbtq/

Services: Kentuckiana's Rape Crisis and Domestic Violence Center offers a 24/7 hotline as well as support groups for survivors of sexual assault and intimate partner violence.

## **Volunteers of America Mid States**

Louisville, KY 502-635-4506

https://www.voamid.org/services/free-hiv-testing/

Services: Provides free and confidential HIV testing and linkage to care.





## Louisiana

#### Crescent Care

New Orleans, LA 504-821-2601

https://www.crescentcare.org/service/behavioral-health/

Services: They offer an expanded range of health and wellness services for anyone and everyone seeking healthcare services in Greater New Orleans and Southeastern Louisiana. They also provide HIV testing.

#### New Orleans Pride Center

New Orleans, LA

https://nolapridecenter.org/

Services: Offers community-based programming that include some wellness events.

#### Maine

## The Maine Coalition to End Domestic Violence (MCEDV)

Statewide

866-834-4357

https://www.mcedv.org/get-help/

Services: In addition to a hotline (listed above), MCEDV offers a list of organizations supporting survivors of relationship violence in Maine.

#### Maine Queer Health

Statewide

https://mainequeerhealth.org/mental-health-care/

Services: Offers a list of LGBTQ+ friendly mental health providers in Maine.

#### Maine Department of Health & Human Services

Statewide

https://www.maine.gov/dhhs/mecdc/infectious-disease/hiv-std/services/hiv-testing-sites.shtml

Services: Provides a list of locations to get HIV testing in Maine.

## Maryland

#### Chase Brexton Health Care

Baltimore, Columbia, Easton, & Glen Burnie, MD 410-837-2050

https://chasebrexton.org/

Services: Provides comprehensive LGBTQIA+ services, including mental health support specifically for transgender individuals, with multiple locations across Maryland and both in-person and telehealth services.

## **Montgomery County Sexual Health & Wellness Services**

Silver Spring & Germantown, MD

240-777-1760

https://montgomervcountymd.gov/hiv/testing.html/

Services: Provides HIV testing through both walk-in and appointment.





## Massachusetts

## Fenway Health

Boston, MA 617-927-6250

https://fenwayhealth.org/

Services: Their Violence Recovery Program (VRP) provides counseling, support groups, advocacy, and referrals to survivors of domestic violence, sexual violence, and hate violence for LGBTQIA+ individuals.

## Healing Abuse, Working for Change (HAWC)

Salem, MA

Hotline: 800-547-1649

https://hawcdv.org/get-help-now/resources/

Services: In addition to a 24/7 hotline, HAWC provides resources for anyone experiencing partner violence.

## Massachusetts Department of Public Health

Statewide

https://www.mass.gov/info-details/integrated-testing-and-linkage-services-locator

Services: Provides an interactive map of HIV testing locations in Massachusetts.

## Michigan

## **Equality Michigan**

Statewide 313-537-7000

https://equalitymi.org/get-support/

Services: Advocacy and services for LGBTQ+ individuals experiencing intimate partner violence.

#### **LGBTQ** Detroit

Detroit, Michigan 313-397-2127 ext. 101

https://www.lgbtdetroit.org/mentalhealth

Services: They offer mental health services with free referrals for victims of crime, in-house therapy, faith based support, health care, housing and psycho-social support. This is a confidential service open to LGBT+ adults, or loved ones, who have experienced violent crime.

#### **Stand With Trans**

Farmington, MI 248-907-4853

https://standwithtrans.org/mental-health-therapy-services/

Services: They offer individualized and compassionate mental health care to those who need it most, including individual therapy with specialties such as anxiety, depression, PTSD and trauma related issues.

## **UNIFIED/Vivent Health**

Detroit & Ypsilanti, MI 800-872-2437

https://miunified.org/services/prevention-testing/

Services: Provides free and confidential HIV testing by appointment.





## Minnesota

#### **Red Door Clinic**

Minneapolis, MN 612-543-5555

https://www.reddoorclinic.org/

Services: Provides HIV & STI testing and helps individuals get connected to care if needed.

## Minnesota LGBTQ+ Therapists' Network

Statewide

https://www.lgbttherapists.org/

Services: A grassroots group of LGBTQIA+ mental health professionals. Find an affirming LGBTQIA+ provider in Minnesota using their network database.

## Minnesota Transgender Health Coalition

Minneapolis, MN 612-823-1152

https://www.mntransgenderhealth.org/

Services: Committed to improving quality health care access for trans and gender non-conforming people, including offering support groups.

#### **OutFront Minnesota's Anti-Violence Program**

Saint Paul, MN 800-800-0350

https://www.outfront.org/anti-violence-program

Services: Available Monday through Friday between 9AM-5PM or email <u>AVP@outfront.org</u> for support around relationship violence in LGBTQ relationships.

## Mississippi

#### The Spectrum Center

Hattiesburg, MS

https://tschburg.org

Services: Resources & referrals to LGBTQIA+ friendly and affirming businesses, healthcare providers, recreational programs, and more provide the community with the confidence to seek the support they need, whether it be medical or otherwise, at safe and welcoming vendors.

## Mississippi State Department of Health

Statewide

https://msdh.ms.gov/page/14,0,150,786.html

Services: Offers information on where to find HIV testing at county health departments across Mississippi.





## Missouri

## Missouri Department of Mental Health Services and Supports

Statewide

https://dmh.mo.gov/

Services: Statewide connection to community mental health centers, crisis assistance, and more.

## **Health Stop**

St. Louis, MO

https://healthstopstl.com/make-an-appointment/

Services: Provides HIV & STI testing, including at-home testing, as well as other sexual health resources.

#### ST. Louis Queer Support & Healing

St. Louis, MO

314-380-7774, 844-785-7774

https://www.thesash.org/

Services: Queer-led collective dedicated to facilitating healing spaces and building community capacity for queer St. Louisans to thrive. Their Peer Support Line is open Friday through Monday, 1:00-7:00 PM CT.

#### Montana

## The Montana Department of Public Health and Human Services (DPHHS)

Statewide

https://dphhs.mt.gov/BHDD/mentalhealthservices/index

Services: Offers various mental health services, including crisis intervention, outpatient services, and inpatient care. They provide resources for adults, children, and adolescents, and can help connect individuals to local providers statewide.

#### **AIDS Outreach**

Bozeman, MT 406-451-5718

https://www.aidsoutreachmt.org/testing

Services: Offers free and anonymous HIV & Syphilis testing.

## Nebraska

#### **Omaha For Us**

Omaha, NE 531-466-1839

https://www.omahaforus.org/

Services: Offers LGBT affirming mental health services including counseling and support groups.

#### Nebraska AIDS Project

Omaha, NE 402-552-9260

https://www.nap.org/hiv-sti-testing

Services: Offers HIV testing by walk-in or appointment at multiple offices throughout Nebraska.





## Nevada

## Nevada Behavioral and Mental Health Services

Statewide

https://www.nevada211.org/mental-health-services/

Services: Statewide connection to community mental health centers, crisis assistance, and more.

#### **End HIV Nevada**

Statewide

https://endhivnevada.org/testing-and-treatment/

Services: Provides information on how to find a free HIV testing site in Nevada.

## The Center (The LGBTQIA+ Community Center of Southern Nevada)

Las Vegas, NV (702) 733-9800

https://thecenterlv.org

Services: Provides mental health services such as counseling and support groups for the trans community.

## **New Hampshire**

## New Hampshire Department of Health and Human Services - Mental Health Services

Statewide

www.dhhs.nh.gov/programs-services/mental-health

Services: Provides resources and services for individuals experiencing mental health challenges. They offer access to community mental health centers, crisis services, and other support programs across the state.

## **Equality Health Center**

Concord, NH 603-225-2739

https://equalityhc.org/sti-testing-treatment/

Services: Provides HIV & STI testing and other sexual health related services.

#### **New Mexico**

#### **New Mexico Crisis and Access Line (NMCAL)**

Statewide

1-855-662-7474

www.nmcrisisline.com

Services: NMCAL is a free, confidential mental health support line available 24/7 for anyone in New Mexico experiencing a mental health crisis or needing someone to talk to.

## Transgender Resource Center of New Mexico (TGRCNM)

Albuquerque, NM (505) 200-9086 https://tgrcnm.org

Services: Offers mental health support, counseling, and peer-led support groups for trans individuals.





#### New Mexico HIV Guide

Statewide

https://nmhivguide.org/

Services: An online guide to find HIV testing and related services in New Mexico.

## **New Jersey**

## **New Jersey Department of Health**

Statewide

https://www.nj.gov/health/hivstdtb/hiv-aids/getting-tested/

Services: Provides an interactive map showing HIV testing locations in New Jersey.

#### **QSpot LGBTQ Community Center**

Asbury Park, NJ 732-455-3373

https://qspot.org/

Services: They hold meetings about the dynamics of Domestic and Sexual Violence in the LGBTQ+ community and provide resources that are available in Monmouth County.

## The Princeton Center for MindBody Healing

Princeton, NJ 609-375-8727

https://princetonmindbody.com/our-services

Services: Their therapists are trained to work both bottom up (with the body and senses) as well as top down (talking) to resolve one time or chronic trauma. Trauma is not a life sentence; They focus on your resiliencies and strengths to move from trauma reaction to post-traumatic growth.

#### **New York**

## NYC 988

Statewide

Call or Text 988

https://nyc988.cityofnewyork.us/en/

Services: A free and confidential mental health support service that provides access to crisis counseling, peer support, and referrals to mental health and substance use services. 24/7 helpline via phone, text, or chat.

## New York State Office of Mental Health (OMH)

Statewide

1-800-597-8481

https://omh.ny.gov/omhweb/bootstrap/consumers-families.html

Services: OMH oversees a large public mental health system that provides services across the state. Services, crisis services, inpatient and outpatient care, support for children, adults, and families.

## **NYC** Health

New York, NY

https://www.nyc.gov/site/doh/health/health-topics/hiv-be-hiv-sure.page

Services: Provides information on where to find free or low-cost HIV testing in New York City.





#### The Ali Forney Center

New York, NY (212) 206-0574 Ext 100

https://www.aliforneycenter.org/

Services: A 24-hour program, The Ali Forney Center never closes its doors. The 18-bed housing program is located in a safe Brooklyn neighborhood, and provides stabilizing housing for AFC transfeminine and transmasculine clients ages 16-20 for up to 18 months. Stop by our Drop-In Center at 307 West 38th Street, 3rd Floor New York, NY 10018

#### NYC Well

Statewide

1-888-NYC-Well (692-9355) or TEXT: "Well" to 65173

https://mentalhealth.cityofnewyork.us

Services: provides free, confidential mental health and substance misuse services including brief counseling, peer support, crisis counseling, and referrals to ongoing mental healthcare. Trained counselors can provide you with support 24 hours a day, 7 days a week, in over 200 languages, regardless of immigration status.

#### **North Carolina**

## **Durham Crisis Response Center**

Durham, NC 919-403-6562

https://www.lgbtqcenterofdurham.org/crisis/

Services: DCRC works with the community to end domestic and sexual violence through advocacy, education, support and prevention. DCRC provides a confidential 24-hour crisis line, hospital and court accompaniment, support groups, and individual counseling.

## North Carolina Department of Health and Human Services Adult Mental Health Services

Statewide

https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/adult-mental-health-services

Services: Statewide connection to community mental health centers, crisis assistance, and more.

## LGBT Center of Raleigh

Raleigh, NC 919-832-4484

https://www.lgbtcenterofraleigh.com

Services: Offers mental health referral services, peer-led groups, and transgender services. The center also provides support for youth, older adults, and those facing discrimination.

## **Alliance of AIDS Services**

Raleigh, NC 919-834-2437

https://www.aas-c.org/

Services: Provides HIV testing by appointment and information on at-home testing.





#### **North Dakota**

## North Dakota Department of Health and Human Services

Statewide 701-328-8920

https://www.hhs.nd.gov/behavioral-health/mental-health

https://www.hhs.nd.gov/health/diseases-conditions-and-immunization/HIV/Testing

Services: Provides resources and support for mental health and substance use disorder services across the state, including counseling and treatment options. They also provide info on where to find HIV testing.

## Ohio

## **Ohio Department of Mental Health and Addiction Services**

Statewide

https://mha.ohio.gov/

Services: Statewide connection to community mental health centers, crisis assistance, and more.

#### National Alliance on Mental Illness - Ohio

Statewide

https://namiohio.org/programs/

Services: Provides mental health support groups across the state.

## The LGBT Center of Greater Cleveland

Cleveland, OH 216-651-5428

https://lgbtcleveland.org/

Services: Provides mental health services, support groups, and referrals to LGBTQ-affirming therapists.

## **Public Health Dayton & Montgomery County**

Dayton, OH 937-496-7133

https://www.phdmc.org/programs-a-to-z/hiv-aids-prevention

Services: Provides HIV & STI testing, linkage to care, and partner notification services at multiple sites.

## Oklahoma

#### Diversity Center of Oklahoma, Inc.

Oklahoma City, OK 405-604-5217

https://www.diversitycenterofoklahoma.org/diversity-behavioral-health.html

Services: Provides behavioral health and counseling services for the LGBTQIA+ community.

#### H.O.P.E. Testing

Tulsa, OK 918-749-8378

https://hopetesting.org/

Services: Provides free and low-cost HIV, STI, and hepatitis C testing, as well as PrEP prescriptions.





#### **Oklahomans for Equality**

Tulsa, OK 918-743-4297

https://okeq.org/eha/

Services: Offers a range of mental health services and support for the LGBTQ+ community through the Dennis R. Neill Equality Center in Tulsa. They provide counseling services, peer support groups, and other resources tailored to the needs of LGBTQ+ individuals.

#### Mental Health Association Oklahoma

Tulsa & Oklahoma City, OK

https://mhaok.org/

Services: Offers support around housing, mental health education, support groups, counseling referrals and mental health screening, suicide prevention, peer-to-peer recovery services, employment readiness, community health and wellness initiatives and criminal justice advocacy.

## Oregon

## Oregon Health Authority (OHA) – Behavioral Health Services:

Statewide

503-945-5763

https://www.oregon.gov/oha/HSD/AMH/Pages/Mental-Health.aspx

Service: Statewide mental health and addiction services, including crisis services, treatment programs, and resources for both adults and children.

## **End HIV Oregon**

Statewide

https://www.endhivoregon.org/testing/

Services: Provides information on where to get free HIV testing or how to order an at-home test kit.

#### Q Center

Portland, OR

https://www.pdxqcenter.org/groups

Services: Offers support groups for LGBTQ+ individuals, including a Depression and Bipolar Support Alliance.

#### **Quest Center for Integrative Health**

Portland, OR

503-238-5203

https://quest-center.org/services/individual-therapy

Services: Offers mental health services specifically tailored to the LGBTQ+ community, providing a welcoming and culturally competent environment for therapy and support

#### **Crestview Recovery**

Portland, OR

https://www.crestviewrecovery.com/programs/lgbtq/

Services: Offers addiction treatment specifically tailored to the LGBTQ+ community, including both sober living and an outpatient treatment program.





## Pennsylvania

## Commonwealth of Pennsylvania Mental Health Resources

Statewide

https://www.pa.gov/guides/mental-health/#ResourcesforEveryone

Services: Statewide connection to government services.

#### Pennsylvania Mental Health Services Guide

Statewide

https://blog.opencounseling.com/public-mental-health-pa/

Services: A guide for navigating state-sponsored therapy services provided in Pennsylvania.

## AIDS Free Pittsburgh

Pittsburgh, PA 412-773-1120

https://www.aidsfreepittsburgh.org/hiv-testing

Services: Provides information on where to find free HIV testing, as well as PrEP and HIV care providers.

## **Rhode Island**

#### **Behavioral Health Services**

Statewide

https://bhddh.ri.gov/mental-health

Services: Provides access to mental health and substance use treatment services. They work in collaboration with various state and local agencies to ensure residents have access to necessary mental health resources.

## Sojourner House

Providence, RI 401-861-6191

https://sojournerri.org/lgbtq/

Services: Offers services and support for those impacted by domestic abuse, sexual violence, and human trafficking, such as support groups, emergency shelter, counseling, and sexual health advocacy.

#### **AIDS Project Rhode Island**

Providence, RI 401-831-5522

https://aidsprojectri.org/

Services: Provides HIV testing by appointment, walk-in, or at-home kit.

## San Juan Municipio, Puerto Rico

#### **Puerto Rico Mental Health Services**

Statewide

https://blog.opencounseling.com/public-mental-health-pr/

Services: A guide for navigating state-sponsored therapy services provided in Puerto Rico.





#### **Waves Ahead**

Statewide 787-940-8851

https://wavesahead.org/

Services: Provides mental health resources for LGBTQ+ individuals across multiple locations including San Juan, Cabo Rojo, Maunabo, Loiza, and Isabela.

## **AHF Healthcare Center**

Carolina, PR 787-300-3188

https://www.hivcare.org/puerto-rico/

Services: Provides HIV testing, treatment, and case management.

## **South Carolina**

#### Harriet Hancock Center

Columbia, SC 803-771-7713

https://www.harriethancockcenter.org/

Services: This center offers various support services for the LGBTQ+ community, including mental health resources, peer support groups, and a safe space for community members.

## South Carolina Department of Mental Health Programs

Statewide

https://scdmh.net/dmh-components/community-mental-health-services/programs/

Services: Statewide connection to community mental health centers, crisis assistance, and more.

#### National Alliance on Mental Illness - South Carolina

Statewide

https://namisc.org/resources/local-and-national-resources/

Services: Resource guides for mental health services by state regions.

## MUSC Ryan White HIV/AIDS Clinic

Charleston, SC 843-876-2905

https://muschealth.org/medical-services/infectious-disease/ryan-white-hiv-clinic

Services: Provides free and confidential HIV testing by appointment or walk-in.

#### **South Dakota**

## South Dakota Department of Health

Statewide 800-592-1861

https://doh.sd.gov/topics/diseases/infectious-diseases/disease-prevention-services/hivaids/

Services: Provides information on where to get HIV & STI testing at Disease Intervention offices across the state, as well as how to connect with other HIV-related resources.





#### **Black Hills Center for Equality**

Rapid City, SD

https://sdbehavioralhealth.gov/mental-health#mental-health-support

Services: Provides information on LGBTQ+ affirming mental health services.

## South Dakota Department of Social Services - Behavioral Health Services

Statewide

https://sdbehavioralhealth.gov/mental-health#mental-health-support

Services: Offers mental health and substance abuse services, including crisis intervention and counseling.

### **Tennessee**

## Tennessee Department of Mental Health & Substance Abuse Services

Statewide

https://www.tn.gov/behavioral-health/mental-health-services/adults.html

Services: Statewide connection to community mental health centers, crisis assistance, and more.

## **OutMemphis**

Memphis, TX 901-278-6422

https://www.outmemphis.org/

Services: This center offers a wide range of services, including mental health support, for LGBTQ+ individuals.

## Tennessee Department of Health

Statewide

https://www.tn.gov/health/health-program-areas/std/std/hiv-prevention/testing.html

Services: Provides information on where to find HIV testing and other sexual health resources.

#### **Texas**

#### Texas Health and Human Services

Statewide

https://www.hhs.texas.gov/services/mental-health-substance-use

https://www.dshs.texas.gov/hivstd/testing

Services: Statewide connection to community mental health centers, crisis assistance, and more. They also provide information on where to get HIV & STI testing across the state.

## The Montrose Center's Anti-Violence Program

Houston, TX

713-529-3211

https://montrosecenter.org/services/anti-violence/

Services: LGBTQ+ Texas residents can call 713-529-3211 for crisis counseling and intervention 24 hours/day, 7 days/week. This program also offers advocacy, counseling, and emergency shelter services for LGBTQ survivors of domestic violence, sexual assault and trafficking.





#### Statewide

https://namitexas.org/resources/state-resources/

Services: Resource guides for mental health services by state regions.

#### Utah

#### **Utah Pride Center**

Salt Lake City, UT 801-539-8800

https://utahpridecenter.org/

Services: They provide a range of mental health support specifically tailored to the LGBTQ+ community. Their services include individual therapy, group therapy, and support groups. The center's mental health professionals are trained to address issues that LGBTQ+ individuals may face, including identity, coming out, relationships, and coping with discrimination.

#### Salt Lake Public Health Center - STD Clinic

Salt Lake City, UT 385-468-4246

https://www.saltlakecounty.gov/health/std-clinic/testing/

Services: Offers HIV & STI testing, diagnosis, and treatment by appointment. If only testing for HIV, it is free.

## Vermont

## **Vermont Department of Mental Health (DMH)**

Statewide

https://mentalhealth.vermont.gov/

Services: Provides information and services for mental health needs across the state. They offer support for individuals dealing with mental health issues and connect them with appropriate resources.

#### **Pride Center of Vermont**

Burlington, VT 802-860-7812

https://www.pridecentervt.org/prep/

https://www.pridecentervt.org/safespace/

Services: Provides free HIV testing by appointment, as well as information on PrEP. The Center also has a SafeSpace Anti-Violence Program with a specific support line: 802-863-0003

## Virginia

## Virginia The LGBTQ+ Partner Abuse and Sexual Assault Helpline

Statewide

Text 804-793-9999, Toll Free Call 1-866-356-6998

https://vsdvalliance.org/get-help-ayuda/hotlines/

Services: Focused on anti-violence in the queer community. This is a space for survivors and people impacted by violence, like friends, family, professionals, and the general public, to connect about LGBTQ+ centered resources. It's free, confidential. 24 hours a day. 7 days a week. 365 days a year.

## Virginia Department of Health





Statewide 800-533-4148

https://www.vdh.virginia.gov/disease-prevention/testing-hepatitis-hiv-and-stds/

Services: Provides information on where to find HIV & STI testing across Virginia.

## Washington

## Seattle's LGBTQ+ Center

Seattle, WA 206-860-6969

https://www.gaycity.org/wellness/

Services: Formerly known as Gay City, the Center provides confidential HIV & STI testing by appointment, as well as gender affirming care and information on PrEP.

#### Washington State Department of Health

Statewide

https://doh.wa.gov/you-and-your-family/illness-and-disease-z/hiv/hiv-testing

Services: Provides information on where to get HIV testing across Washington state.

## Washington State Health Care Authority

Statewide

https://www.hca.wa.gov/

Services: Statewide connection to community mental health centers, crisis assistance, and more.

#### Washington Health Alliance

Statewide

https://wahealthalliance.org/lgbtq-resources-2/

Services: Mental health resource list for Washington state.

#### The Northwest Network

Seattle, WA

206-568-7777

Services: Offers advocacy, counseling, and safety planning to support LGBTQ survivors of relationship violence. To get connected with services, call or email <a href="mailto:info@nwnetwork.org">info@nwnetwork.org</a>.

## Washington, DC

## DC Victim Service Hotline

Statewide

844-443-5732

https://ovsjg.dc.gov/

Services: The DC Victim Hotline is available 24/7 by telephone, text, or online chat. The hotline provides comprehensive information, resources and referrals in the District of Columbia.





#### Statewide

https://www.dcsafe.org/speaktoanadvocate

Services: DC SAFE is a 24/7 crisis intervention agency in DC. All services are free and confidential. To speak with an advocate, call the DC Victim Services Hotline (above).

## The Violence Prevention and Response Team (VPART)

Statewide 202-682-2245

https://thedccenter.org/vpart/

Services: VPART is a collaborative network made up of community organizations (including the DC LGBTQ+ Community Center), public safety agencies, and other government agencies committed to addressing, mitigating, and eradicating crime, especially hate-bias incidents within DC's LGBTQIA+ community.

#### Get Checked DC

Statewide 202-741-7692

https://thedccenter.org/vpart/

Services: Provides free, confidential HIV & STI testing by appointment, walk-in, or at-home kit.

## **West Virginia**

#### Dr. Rainbow

Charleston, WV 304-344-8053

https://www.drrainbow.org/

Services: A guide to LGBTQ-affirming service providers in West Virginia, sourced from the community.

## Office of Epidemiology & Prevention Services

Statewide

https://oeps.wv.gov/std/pages/std\_testing.aspx

Services: A list of approved HIV testing sites in West Virginia.

## Wisconsin

The Center: 7 Rivers LGBTQ Connection

La Crosse, WI 608-784-0452

https://www.7riverslgbtq.org/

Services: They offer no-cost mental health sessions to the LGBTQ+ community.

#### Diverse & Resilient

Milwaukee, WI (414) 390-0444

https://www.diverseandresilient.org/work/sexual-health/hiv-ctr/testing-information/

https://www.diverseandresilient.org/work/anti-violence/

Services: Provides HIV & STI testing at multiple locations. They also offer support for LGBTQ+ individuals experiencing relationship or community-based violence via a statewide resource warmline: 414-856-5428.





## **Wyoming**

## **Wyoming Equality**

Cheyenne, WY 307-222-8178

https://www.wyomingequality.org/how-we-can-support-you

Services: Primarily an advocacy organization, the Wyoming Equality Healthcare Access Project can help you find an affirming service provider. Contact Kota Babcock (kota@wyomingequality.org) for patient assistance.

## National Alliance on Mental Illness - Wyoming

Statewide 307-222-8178

https://namiwyoming.com/

Services: Offers connection to mental health support groups and educational resources.

## KnoWyo

Statewide 307-222-8178

https://knowyo.org/

Services: Provides information on how to locate low or no-cost HIV & STI testing in Wyoming.

